

Safe Fruit, Vegetables, Herbs and Plants List

Guinea Pigs need 1 cup of fresh food daily, in addition to unlimited hay and fresh water.

A good quality chaff and grain mix (no seeds) may also be fed.

Guinea pigs cannot store Vitamin C in their bodies and need this to come through feeding fresh foods daily.

<ul style="list-style-type: none"> Apple * Banana (including leaves) Blackberries Blueberries Cherries Dried Apricot * Figs * Gooseberries Grapes Grapefruit 🍎 Honeydew Melon * 🍌 Kiwi Fruit 🍓 Mango * Orange * 🍎 Pawpaw 🍓 Pear * Pineapple * Pumpkin Rockmelon * 🍎 🍌 Squash Strawberries 🍎 🍌 Watermelon 🍌 	<ul style="list-style-type: none"> Asparagus Baby Spinach 🍌 Beetroot Bok Choy Broccoli ⬠ 🍎 Brussel Sprouts 🍆 Cabbage ⬠ Capsicum 🍆 Carrots 🍌 Cauliflower ⬠ 🍆 Celery 🍌 Choko 🍆 Corn 🍌 (including husks) Cucumber 🍌 Green Beans Kale Kolrabi Cos Lettuce 🍌 Pak Choy 🍆 Parsnip Silverbeet Sweet Potato Tomato 🍌 Turnip * Wombok Zucchini 	<ul style="list-style-type: none"> Anise Basil 🍌 Chamomile Chicory Chickweed Cleavers Clover 🍌 Comfrey Coriander Dandelion 🍆 🍌 Dill Dock Endive 🍌 Fennel Lemon Balm Milk Thistle 🍌 Mint Oat Grass 🍌 Parsley 🍆 Raspberry Leaves Rocket 🍌 Rosehips 🍆 Stinging Nettle Thyme Wandering Jew Watercress Yarrow
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Note - Fruits should be fed sparingly due to there high sugar content.



* = High in sugar ≈ Avoid Iceberg lettuce (low nutritional value, too high in water) 🍆 = High in Vitamin C 🍌 = Yum Factor
 ⬠ = Feed sparingly (can cause stomach upset/bloat) Normal Washed Potato is *toxic* – DO NOT FEED